

# What is COVID-19?

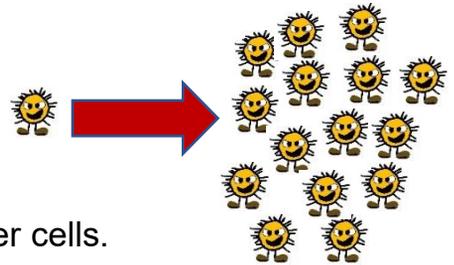
## What is COVID-19?

- COVID-19 is an illness caused by a coronavirus called “SARS-CoV2”.
- Common symptoms: fever, cough, and shortness of breath.
- Some people become infected but don't develop any symptoms.
- About 80% of the people who have COVID-19 recover without needing special treatment.
- People who are older or who have existing health problems are more likely to have severe pneumonia or even die.



## What happens when the coronavirus gets inside us?

- The virus gets into our nose, eyes, and throat.
- Our bodies are made of tiny units called cells. The virus can go into a cell, borrows the equipment there and makes many copies of itself.
- The new viruses burst out of the first cell and infect other cells.
- When infected people cough, sneeze, or talk, their droplets (which contain the viruses) spread around them.



## How can we avoid catching the coronavirus?



Stay at least 6 feet (3 big steps) away from people



Stay home



Wash your hands properly and frequently with soap and water OR use an alcohol-based sanitizer



Don't touch your face