

# Allergies, Cold, Flu, or COVID-19?

## How can you tell if you have COVID-19?

COVID-19 shares some common symptoms with allergies, the cold, and the flu. Here are some tips on how to tell them apart. If you have any concerns or questions, please check with your healthcare provider.

**FEVER** is one of the main symptoms of COVID-19.

If your body temperature is above 37.8C or 100F, please get tested for COVID-19.

Fever is also a common symptom of the flu.

However, fever is NOT a common symptom of a cold and NOT a symptom of allergies.



The **loss of taste or smell** is a symptom of COVID-19.

However, loss of taste or smell can also happen in rare cases of colds, the flu, and allergies.



**Dry coughs, headaches, sore throat and fatigue** are all possible symptoms of COVID-19.

However, they can also happen in colds, the flu, and allergies.

**Runny or blocked nose, itchy eyes, and sneezes** are very unlikely to be symptoms of COVID-19.

A runny/blocked nose can be due to a cold, the flu, or allergies.  
If you have itchy eyes, you may have allergies.  
Sneezing can be due to a cold or allergies.

**COVID-19 testing is important for you and those around you.**

